

Healthy Torbay Action Plan 2015- 2018 v5 October 2015

Issue	What we are doing	Public Health Outcomes	Gaps?	Proposed Strategic Action by group to address gaps	Lead and Resource	Milestone / proxy	Progress / Monitoring as at September 2015
Housing	Interventions to improve energy efficiency, tackle fuel poverty, and improve housing conditions; 'Cosy Devon' housing energy efficiency scheme with E.ON;	1.15ii Statutory homelessness - households in temporary accommodation; 1.17 Fuel Poverty; 2.07 Hospital admissions caused by unintentional injuries;	To be identified in the Housing Strategy - Is the strategy addressing health issues; Targeting housing interventions at most deprived; Homelessness;	Ensure health outcomes embedded in new Housing Strategy; Link Housing issues with Mental Health programmes and to Ageing Better programme to tackle social isolation and provision of homes fit for life; Link with Fire Service to join home safety checks to fuel poverty issues; Programme to reduce injuries to Children especially at home; Homelessness audit / health needs assessment;	<i>Julie Sharland / Fran Hughes</i>		See update by Julie Sharland; Housing Strategy 'My Home is My Life' has been updated in light of Housing HNA, contains a delivery plan. JS is writing an executive summary as part of the strategy.
Planning and the Environment	Planning and health post to work closely with health and planning stakeholders / partners, mainly within the Council / Public Health, to secure high quality outcomes that improve the health and well-being of the population.	1.16 Utilisation of outdoor space for exercise/health reasons	See Planning and Health Officer work plan including Analysis of Planning and health data; Health proofing new developments e.g. using HIA;	See Planning and Health Officer work plan including: transport and accessibility, local food; child poverty; safe, attractive and sustainable communities; Physical Activity; Developing a Planning and Health dataset as part of the JSNA; Use SPAHG checklist for all new developments;	<i>Andrew Gunther</i>		Update from AG

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			Health input to spatial plans;	Require / carry out HIA for major developments;			
Transport	Local Sustainable Transport Fund (LSTF) bid, includes programmes for walking to school, integrated public transport etc.	<p>1.10 Killed and seriously injured casualties on England's roads;</p> <p>1.14ii The percentage of the population exposed to road, rail and air transport noise of 65dB(A) or more, during the daytime</p>	<p>Evaluation of transport projects;</p> <p>Linking up projects for active travel with those for physical activity;</p> <p>Making roads safe for all road users introducing 20 mph zones / limits;</p>	<p>LSTF measures – see LSTF Action Plan; including infrastructure improvements to make active travel the easiest option;</p> <p>Evaluation of the LSTF funding – is it improving health and reducing health inequalities;</p> <p>Introduce 20 mph limits on residential roads across Torbay;</p>	<i>Andrew Gunther / Adam Davison</i>		Update from AG
Physical Activity (incl Sports & Leisure)	<p>Promote Active Travel (Cycle and walk to work schemes)</p> <p>Sports Development role of Torbay Council provision of recreation / leisure facilities and programmes;</p> <p>Planning measures: Torbay Local Plan and Green Infrastructure Plan; Public Health to fund a Physical Activity</p>	<p>2.13i and ii Percentage of physically active and inactive adults ;</p> <p>1.16 Utilisation of outdoor space for exercise/health reasons</p>	<p>Lack of joined up / strategic approach to increasing levels of Physical Activity and decreasing sedentary behaviour. Create safe attractive environments using planning measures</p>	<p>Develop Physical Activity Action Plan;</p> <p>Better integration of the Physical Activity agenda with sports, leisure and recreation and with planning and transport;</p> <p>Engage community and voluntary groups e.g. green gyms;</p> <p>Work with NHS at all levels to increase physical activity opportunities / interventions;</p>	<i>Mark Richards / Kirsty Parker Calland</i>		<p>MRI: Physical Activity Action Plan now in place. Membership includes private sector. Priority areas include:</p> <ul style="list-style-type: none"> • Tier 1 mapping & activity promotion • Pathways (NICE) • Active ageing • Physical activity & mental health • Vulnerable young people • Greenspace

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	Coordinator post		Engagement of community sector and NHS				development Links to current streams: <ul style="list-style-type: none"> • Diabetes Prevention • Ageing Well • Healthy Schools (three schools) • Workplace Health • Active Travel (includes school travel plans)
Healthy Food	<p>Healthy Schools Pilot – focus areas including nutrition, school meals uptake and growing initiatives</p> <p>Working with food businesses to improve healthy choices;</p>	<p>2.06i Excess weight in 4-5 and 10-11 year olds - 4-5 year olds</p> <p>2.06ii Excess weight in 4-5 and 10-11 year olds - 10-11 year olds</p>	<p>Addressing health inequalities?</p> <p>Making better use of NCMP to inform / advise parents / families of childhood obesity and what we can do;</p> <p>‘Healthy Schools’ initiative;</p> <p>Tackle fast food outlets proliferation;</p>	<p>Support parents /families with young children to achieve a better diet, including pre-school nutrition;</p> <p>Work with local retailers, growers, caterers and distributors to improve access to healthy food;</p> <p>Control proliferation of fast food takeaways</p>	<i>Mike Roberts / Mark Richards</i>		<p>MRI: Healthy Schools Pilot focus areas including nutrition, school meals uptake and growing initiatives. Emphasis on transfer of learning and good practice into the home.</p> <p>NCMP follow-up to be included within the Healthy Schools Pilot in order to increase uptake of family services post programme.</p> <p>Eating out/Healthy Cafés Project through Community Safety – 10 local businesses signed up to improving menu</p>

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							choices. Work underway to bolster evaluation and learning prior to future expansion
Healthy Schools	Free school meals; Commissioning and uptake of school meal services	2.06	Uncertainty of what is provided across schools: Healthy Schools – can we reinvigorate? Help schools promote healthy diet through new programmes	Develop a Healthy Schools programme / framework and Healthy Schools pilots; Audit of schools to understand what interventions are in place to promote Healthy Schools;	<i>Sue Matthews / Mark Richards</i>		MRI: See Above
Tobacco Control	Torbay has recently set up a 'Tobacco Control steering group' looking at the wider issues of tobacco, including illegal tobacco and smoking prevention; Carried out the Clear Tobacco Control self-assessment	2.03 Smoking status at time of delivery 2.14 Smoking prevalence - routine & manual	Understanding where we are / what we are doing across the agenda.	See Tobacco Control Action Plan; including Work in schools and with young people to discourage take up; Tackle illegal tobacco; Target pregnancy and following childbirth;	<i>Mike Roberts</i>		Tobacco Control Actions focus on Smoking in Pregnancy; smoking cessation prior to surgery and in secondary care; smoking and young people; e-cigarettes; illegal tobacco. Tobacco Control steering group met next on 290915.

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Healthy Workplace and Job Creation	What Torbay council are doing re their own employees: Wellbeing at Work; Council awarded commit/achieve levels of following standards of Charter to date – Absence Management, Health & Safety, Leadership, Mental Health Awareness, Smoking, Healthy Eating, Physical Activity, Alcohol & substance misuse. HR currently working towards excellence accreditation level of Charter. Torbay Council also offers counselling and coaching.	1.09i Sickness absence - The percentage of employees who had at least one day off in the previous week	No universal Healthy Workplaces scheme for all businesses in Torbay.	(1) Develop a Healthy Workplaces scheme for all businesses in Torbay; (2) More active workplace for Torbay council and NHS employees; In hand for Torbay Council employees. HR researching provision of gym facilities on site & offering yoga/pilates lunchtime sessions in the autumn. (3) Actions for Torbay Council following assessment: Breaks away from the workstation for lunch and discourage eating at desks; Develop a statement or policies to support health lifestyle behaviours i.e. healthy eating and physical activity	<i>Mike Roberts / Jane May / Fran Hughes</i>	Torbay Council employees : HR discussed recommendations of Charter Post Assessment Report to plan next steps for Torbay Council employees.	(1) Workshop held 29/06 ; Feasibility project scoping; Employ Health at Work facilitator one day a week to do this work; Health at Work Task group set up and met 14 th September; (2) and (3) JM to update Steering Group – done; JM and MR to work on implementing (3) actions for Torbay Council. MRO/MRi: Healthy Torbay (new group targeting the wider determinants of health) has Workplace Health as a priority area – updates to be forwarded to the group KPC Torbay Council Wellbeing@Work Week w/c 23rd NOV. Input from Lifestyles Team and KPC re programme of events. Torbay Council is now

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							<p>working towards the Workplace Health Charter (Public Health England) – contact Jane May</p> <p>MR: Public Health is now employing Mel Fairbairn on one day a week to take forward the Workplace Health Charter with small/medium Enterprises in Torbay – KPC to support through Exeter Business Games Model</p>
Social Connected-ness	Mental health worker addressing issues including complex needs, vulnerability, special cases, training;	1.06; 1.18 Social Isolation; 1.19 Older peoples perception of safety;	To be identified in Emotional Health and Wellbeing Strategy	Ageing better programme;	<i>Kevin Brown / Gerry Cadogan</i>		Meeting held between KB / GC / MR to discuss this work; to be taken to Mental Health redesign board
Alcohol Control and Awareness	Community Safety license premises serving Alcohol, can amend or retract licenses; Alcohol Strategy developing strategic approach to Alcohol control and awareness		Alcohol Awareness?	Alcohol Strategy; Premises Licensing Policy	<i>Bruce Bell</i>		Alcohol Strategy in development; Joint conversations between public health; community safety and planning